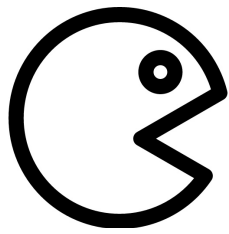


I will practice

every day after _____

Student Signature: _____



SUN



MON



TUE



WED



THUR



FRI



SAT

How much should I practice?

6 - 7 years old: 10 minutes/day

8 - 9 years old: 15 minutes/day

10+ years old: 20 minutes/day

When should I practice?

Try picking a time right after a regular daily occurrence, like a meal. Younger students might want to practice after breakfast, while older students might want to practice after dinner.

