

Are you ready to rock?

We're excited that you'll be joining us for a free lesson! Here's everything you need to know to get the most out of your first session with us.

The following information is included in this packet:

- School Hours
- How to Get Here
- Where to Park
- What to Expect on Your First Day
- Helpful Practice Tips
- School's Policies & Procedures Scheduling, Billing & Cancellations

Please take a moment to review this info, and let us know if you have any questions.

Once you've read through this packet, please print and complete the <u>Policies & Procedures</u> page and bring it with you on your first day.

Off the Wall School of Music Contact Information		
Our office staff handles all billing, scheduling and other school-related inquiries.		
Please contact us directly:		
Phone	Email	

We look forward to meeting you!

The Crew @ Off the Wall School of Music



School Hours

All lessons are by appointment only, but the school is generally open during the following hours:

• Monday - Thursday: 2:00pm - 10:00pm

Friday: 12:00pm - 6:00pmSaturday: 9:00am - 5:00pmSunday: 11:00am - 5:30pm

During the summer, we also offer a weekly Rock Band Camp, during which we are also open from 9:00am - 2:00pm, Monday - Friday.

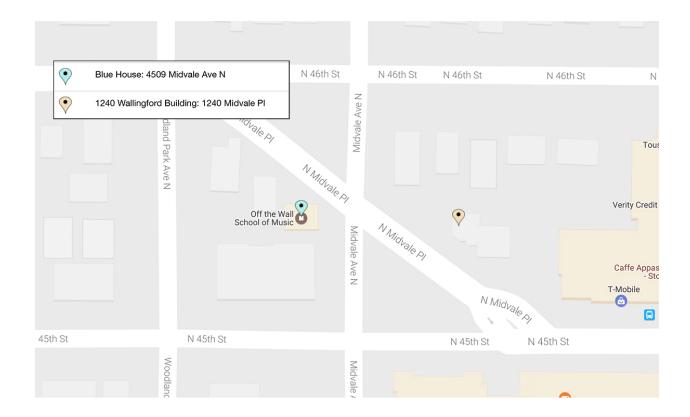


How to Get Here

Off the Wall School of Music is located in the Wallingford neighborhood of Seattle, WA.

4509 Blue House	1240 Wallingford Building
4509 Midvale Ave N Seattle, WA 98103	1240 N Midvale Pl #101 Seattle, WA 98103
Get specific directions with Google Maps	Get specific directions with Google Maps

Here's a map of our locations:



General Directions

From 15, you'll take exit 169 for 45th Street, and then head west through Wallingford. The school is located at the far west of the Wallingford neighborhood, before you get to Fremont.



Where to Park

Off the Wall doesn't have dedicated parking spots or a parking lot, but there's often plenty of street parking available near the school.

Please only use the load / unload zone in front of the school for drop off and pick up.

You can generally find parking on the following streets surrounding the school:

- Midvale Ave N
- N 46th Street
- N 45th Street

We created this guide to highlight the streets surrounding the school that most often have open spots:





What to Expect on Your First Day

We have two locations: The Main School (also known as the Blue House) and our Satellite School (also known as the Grey House).

When you arrive at the Blue House, please come in using the deck entrance on N Midvale Place (the main thoroughfare). When you arrive at the Grey House, please enter through the lower level. In both locations, we have a waiting room for you to hang out in until your teacher comes to get you for your lesson.

What should I bring?

If you already have an instrument that's portable — a guitar, wind instrument, violin, etc. — then please feel free to bring it with you.

If you don't have an instrument yet, that's okay, too — we have some for you to use during your first lesson, and we can provide you with some recommendations on buying or renting an instrument if you're interested in continuing with lessons.

We have plenty of pianos, keyboards and drums on site, so no need to haul 'em in!

Also, please come prepared with any questions you might have about your instructor's teaching style, curriculum or level of experience.

What will we do?

Our goal is to help you learn how to play a new song during your first lesson. Your teacher will pick a song with you that's both easy to pick up and impressive sounding once you play it.

In general, most students are able to play the song well after practicing for a week everything they learned during their first lesson.

I'm a parent of a student, what should I expect?

If your student is under the age of 7, then we encourage you to stay with us during their first lesson.

For older students, we generally recommend that we work with them individually, and we'll then invite you in during the last 5 - 10 minutes of the lesson to show you what we've learned.

Parents of regular students often drop them off and return for pick-up and a check-in with the teacher at the end of the lesson, but others do wait for their student in our waiting room, too. It's really whatever works best with your schedule, but we do want to make sure our teachers can check in with you at the end of every lesson.



Helpful Practice Tips

We want to help you realize your dream of playing an instrument! Here are a few suggestions we have on things you can do at home to work towards your goal.

Practice the Same Time Every Day

Pick a time each day and set it aside for daily practice. Put it on your schedule and set a reminder! Some students like to schedule this after a daily event like a meal — that way, each time they're finished with dinner, they're reminded that it's time to practice.

Incentives

Reward yourself for a job well done by setting specific incentives for things like practicing each day, practicing all seven days or learning how to play a new song without mistakes. It could be fun things like your favorite candy, an ice cream cone or a visit to the park, or something oriented toward your practice like purchasing a new book of music. Whatever it is, make sure it's something that excites you, so you'll be motivated to keep practicing.

Start with 5 Minutes a Day

Real improvement on your instrument comes with consistent, focused practice, not just a quick run-through or an hour the day before your lesson. That's why we recommend that you start small and then begin expanding your daily practice time by 5 minute increments, until you've reached 15 or 20 minutes of daily practice.

Take it One Step at a Time

Big things don't get done in one day, and learning to play an instrument is definitely a big thing! Setting a goal to practice each day is the first step, and setting that daily practice goal for something that you can reach is really important. Starting with a smaller goal could also mean just sitting on the piano bench once every day — you'll probably learn that it's really hard not to touch those keys and start making music!

Imagine training for a marathon. If you've never run in a marathon before, you can't just go out every day and run 20 miles! You'll need to increase your stamina and endurance by starting with a shorter distance, and then adding to that distance slowly over time.

Learning how to play an instrument is similar: You'll need to start with shorter practice times each day, and slowly increase that over time. 5 minutes may not seem like much, but doing that every day is what counts.

You can play music for your entire life, and you're never too old to start learning! Famed cellist Pablo Casals was once asked why, at 81 years old, he continued to practice. He responded with, "Because I think I'm making progress." Stay focused, and have fun.



School's Policies & Procedures - Scheduling, Billing & Cancellations

We want learning how to play music to be fun, so we try to keep our policies as clear and simple as possible. Please read, print and sign this page, then return it to us on your first day.

Scheduling

It's really easy to schedule your lessons online, using our online calendar system. Once you've scheduled your first, free lesson and you're ready to take regular lessons, you can do so in one of the following ways:

Single Lessons	Recurring Lessons
This is a popular option for students with highly varied and busy schedules. They can schedule single lessons online for up to 3 weeks in advance.	Regular weekly lessons are the key to swift and lasting progress in your musicianship!
One thing to keep in mind is that this method means you may not always be working with the same teacher. Additionally, you may schedule your lessons less frequently, so you may make slower progress toward your music goals.	If you're able to setup a regular weekly lesson with us, please fill out this form and our office will work with you to schedule a time that works for you.

Billing

Off the Wall bills for music lessons a month in advance. During the first week of the month, you'll receive an invoice for 4 lessons, adjusted with any additions or credits for lessons from the previous month. Invoices are due within 20 calendar days of receipt. Please review our FAQ for detailed information on how our billing works.

Cancellations

To not be charged for a scheduled lesson, we require a minimum of 48-hours notice. You can cancel or reschedule your lesson <u>using our online scheduling system</u>, or notify us by calling us at 206-407-9610 or emailing us at <u>office@offthewallschoolofmusic.com</u>. If you have a recurring lesson that you need to cancel completely, please contact us via email.

Acknowledgement

I have read through Off the Wall's policies and agree to them.

Student's Signature	Parent's Signature (if applicable)